

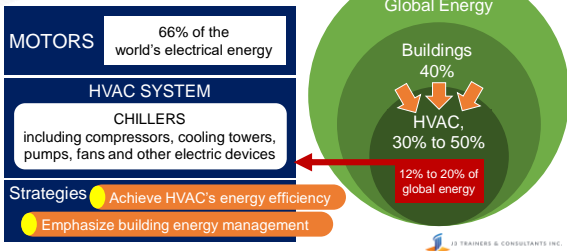
CEM|CEA

HEATING, VENTILATING AND AIR CONDITIONING SYSTEM (HVAC)



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A. Overview



A. Overview – Goals of Energy Optimization



¹Environment, Health and Safety

²Corporate Social Responsibility

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B. Learning Objectives

At the end of this course you will be able to:

- Understand the HVAC system; its functionalities, components, and types used in the industry;
- Review the principles applied in HVAC and recognize their influences to energy usage;
- Identify best practices and learn key calculations on HVAC efficiencies and performances, and;
- Apply the knowledge about the effects of HVAC to energy usage to developing energy management programs.

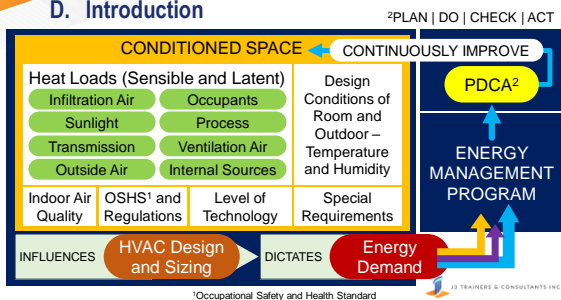


C. Course Outline

A. Overview	
B. Learning Objectives	
C. Course Outline	
D. Introduction	
E. Functionalities of HVAC System	
F. HVAC Principles	
G. Heat Recovery in HVAC	
H. Type of HVAC System	
I. Key Best Practices	
J. Chiller Efficiency and Performance	
Practice	Knowledge Review



D. Introduction



D. Introduction – Surveying Existing Conditions of HVAC System

1 st Step	Resource Identification		2 nd Step	Performance Assessment	
	Inventory all components			Evaluate performance. Measure and verify operation vs. design intents	
	Categorize functions			Review patterns in operation to spot deviations	
	Document information			Assess what has changed from the original intents	
3 rd Step	Potential Restoration and Optimization			Note Ascertain future plans for both the building and the HVAC system in regard to the planned survey	
	Decide if system can and should be restored from previous	Cost-Benefit analysis whether to maintain or not	Practical approach – upgrade to new, efficient technology		

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E. Functionalities of HVAC System

1	Heating	<ul style="list-style-type: none"> Provides warmth during colder months by controlling the temperature using a furnace, boiler, or heat pump.
2	Ventilating	<ul style="list-style-type: none"> Ensures the circulation of fresh air by removing stale air, odors, and airborne pollutants. Brings in outside air and exhausts indoor air to create a healthy environment.
3	Air Conditioning	<ul style="list-style-type: none"> Cools the indoor space by extracting heat and moisture through a refrigeration cycle. Controls the temperature to a comfortable level during hotter months.

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E. Functionalities of HVAC System

4	Humidity Control	<ul style="list-style-type: none"> Maintains the optimal humidity level in indoor environment. Removes excess moisture during humid conditions and adds moisture during dry conditions.
5	Air Filtration	<ul style="list-style-type: none"> Filters the air, removing dust, allergens, pollutants, and other particles. Improves indoor air quality, reduces health risks.
6	Energy Efficiency	<ul style="list-style-type: none"> Designed to be energy-efficient, helping to reduce energy consumption and lower utility bills. Often with programmable thermostats and energy-saving features to optimize performance.

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E. Functionalities of HVAC System - HVAC System Components


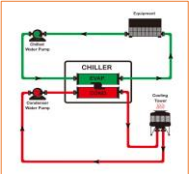
Consist of various components that work together to regulate temperature, humidity, and air quality in buildings

The specific components may vary based on the type of HVAC system and its intended application, but generally include the following:

CHILLER UNIT	<ul style="list-style-type: none">CompressorEvaporator CoilCondenser CoilThermostat	<ul style="list-style-type: none">DuctworkAir HandlersVentilation FansAir Filters
COOLING TOWER	<ul style="list-style-type: none">Heat ExchangerRefrigerant LinesThermal Expansion Valve	<ul style="list-style-type: none">Zone DampersHumidifiersFurnace or Boiler

E. Functionalities of HVAC System - HVAC System Components

Chiller Units



Water-cooled Chiller

<https://www.bing.com/images/search?view=detail&ccid>

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E. Functionalities of HVAC System - HVAC System Components

Chiller Units

Sophisticated cooling system designed to remove heat from a liquid, typically water, and then circulate the chilled liquid through a building or facility to absorb heat

Essentially, the backbone of many large-scale air conditioning systems, ensuring spaces remain cool and comfortable

Chiller works using a refrigeration cycle, where heat is transferred from the liquid to the ambient air or to cooling medium, such as water

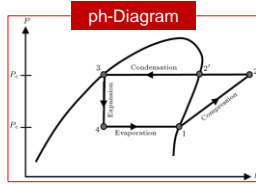
Ideal for various applications, from cooling commercial building to facilitating industrial processes

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F. HVAC Principles – Vapor Compression Cycle

The most common refrigeration process cycle used in HVAC system, refrigerators, and heat pumps –

- Thermodynamic cycle utilizing the principles of phase changes of a refrigerant to transfer heat and achieve cooling or heating, and
- The refrigerant continuously circulates through 4-stages to maintain the desired temperature in a conditioned space.



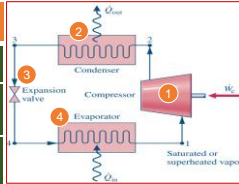
The cycle's efficiency depends on factors such as: 1. Choice of refrigerant, 2. Design of components, and 3. Overall system configuration

F. HVAC Principles – Vapor Compression Cycle

The foundation for most air conditioning / refrigeration systems due to its efficiency and effectiveness in heat transfer.

Allow for the controlled and repeated transfer of heat from one location to another

Compressor	1	Increases the pressure and temperature of the refrigerant vapor
Condenser	2	Releases heat from the refrigerant to the environment, causing the refrigerant to condense into a liquid
Expansion Valve	3	Reduces the temperature and pressure of liquid refrigerant, creating a mixture of liquid and vapor
Evaporator	4	Absorbs heat from the space being cooled, thus evaporating the liquid refrigerant back to vapor



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F. HVAC Principles – Sensible Heat

Refers to the heat energy that causes a change in temperature of a substance without any phase change.

- It is the heat that can be felt or measured by a thermometer.
- Typically measured in units of energy, such as joules or calories.

EXAMPLE: When you heat a metal rod on a stove, and the rod becomes hot to the touch, the heat transferred to the rod is sensible heat. The temperature of the rod increases, but it remains in the same phase (solid).

$$Q_s = 1.08 \times \text{Air Flow Rate} \times \Delta T$$

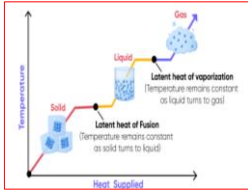
where:

Q_s	= sensible cooling load (Btu/hr)
1.08	= specific heat of air (constant)
Air Flow Rate	= the rate of air circulation (cfm)
ΔT	= difference bet. entering and leaving air temperature. (deg-F)

F. HVAC Principles – Latent Heat

Refers to the heat energy that is absorbed or released during a phase change (e.g., melting, freezing, evaporation, condensation) without a change in temperature.

- Latent heat is typically measured in units of energy per unit mass, such as joules per kilogram.



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F. HVAC Principles – Latent Heat

EXAMPLE: When ice melts into water at 0 degrees Celsius, the heat energy absorbed during this phase change is latent heat. The temperature remains constant during the phase change.

$$Q_l = 0.68 \times \text{Air Flow Rate} \times \Delta H$$

where:

Q_l	= the Latent cooling load Btu/hr or watts)
0.68	= the latent heat of vaporization for water (constant)
Air Flow Rate	= the rate of air circulation (cfm)
ΔT	= difference bet. entering and leaving air humidity ratios

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G. Heat Recovery in HVAC

Refers to the process of capturing and reusing thermal energy that would otherwise be wasted

This energy recovery technique is designed to improve the overall energy efficiency of HVAC systems by recovering heat from the exhaust air stream and using it to preheat or precool the incoming fresh air

Heat recovery is particularly valuable in climates where there are significant temperature differences between the outdoor and indoor air

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G. Heat Recovery in HVAC – Type of Heat Recovery System

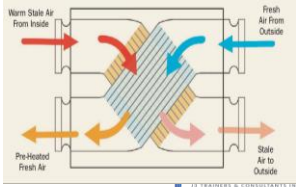
Two main types of heat recovery systems commonly used in HVAC

- 1. Sensible Heat Recovery
- 2. Latent Heat Recovery

1. Sensible Heat Recovery

Involves in transferring the temperature difference (sensible heat) between the exhaust air and the fresh air

This is achieved through devices known as heat exchangers.



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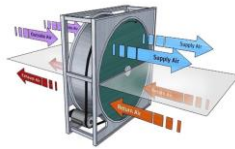
G. Heat Recovery in HVAC – Type of Heat Recovery System

2. Latent Heat Recovery

Focuses on capturing the moisture or humidity from the exhaust air and transferring it to the incoming fresh air

Particularly key in humid climates where the latent load (moisture content) of the air is significant

Heat recovery in this context can be achieved by using enthalpy wheels or other specialized heat exchangers



Heat Recovery Wheels
Source from Web

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H. Type of HVAC System

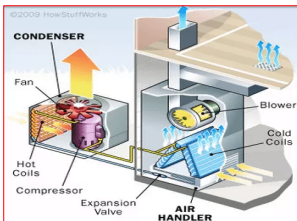
Split Air Conditioner

This system has separate indoor and outdoor units

Indoor unit has the evaporator coil and air handler

Outdoor unit houses the compressor and condenser coil

These systems are commonly used in residential and small commercial buildings



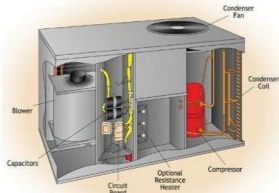
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H. Type of HVAC System

Packaged Conditioner

All components, including the compressor, evaporator, and condenser, are housed in a single unit, typically installed on the roof or a concrete slab near the building

Commonly used in commercial buildings with limited indoor space



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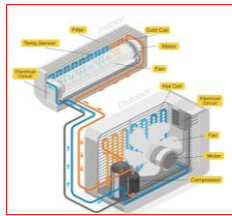
H. Type of HVAC System

Ductless Mini-split System

Similar to split systems, but without the need for ductwork

Ductless mini-split systems consist of an outdoor compressor / condenser unit and one or more indoor air handling units

Suitable for individual room heating and cooling, often used in home additions or areas without existing ductwork



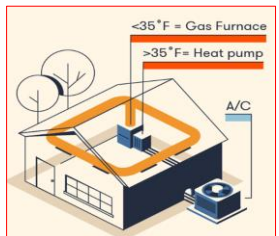
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H. Type of HVAC System

Hybrid HVAC System

Combines a traditional furnace with a heat pump

The system automatically switches between the two heat sources based on outdoor temperatures, optimizing energy efficiency



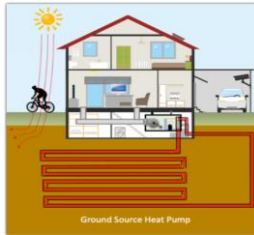
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H. Type of HVAC System

Geothermal Heating and Cooling System

Utilizes the stable temperature of the ground to exchange heat with the building

These systems are highly energy-efficient but may have higher upfront installation costs



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H. Type of HVAC System

Radiant Heating System

Heats the building by circulating warm water through tubing or pipes in the floor, walls, or ceiling

This provides a comfortable and even heat distribution

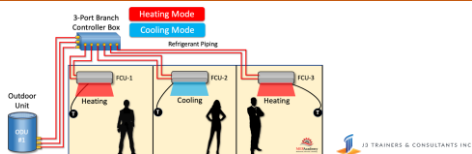


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H. Type of HVAC System

VRF (Variable Refrigerant Flow) System

Suitable for larger buildings, VRF systems use refrigerant as the heat exchange medium and allow for variable control of indoor units. Known for their energy efficiency and zoning capabilities

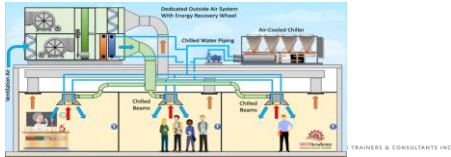


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H. Type of HVAC System

Chilled Beam System

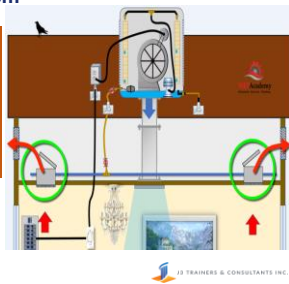
Commonly used in commercial buildings, chilled beam systems use convection and water-based cooling to regulate the indoor temperature



H. Type of HVAC System

Evaporative Cooling System

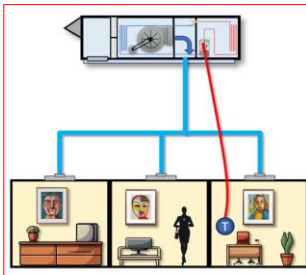
Cools air by passing it over water-saturated pads, providing an energy-efficient alternative to traditional air conditioning in dry climates.



Type of HVAC System

Constant Air Volume (CAV) System

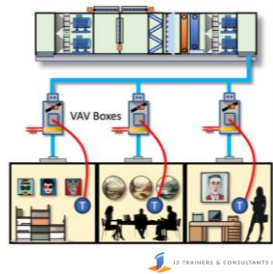
Maintains a constant airflow rate while adjusting the temperature to meet the heating or cooling demands



H. Type of HVAC System

Variable Air Volume (VAV) System

Adjusts both the airflow and temperature based on the heating or cooling requirements of different zones in a building



I. Key Best Practices

- 1
- Regular Maintenance
 - Scheduled Inspections
 - Proactive Repairs

- 2
- Energy-Efficient Equipment
 - High-Efficiency Systems
 - Variable Speed Drives

- 2
- Proper System Sizing and Design
 - Right-Sizing Equipment
 - Ductwork Design



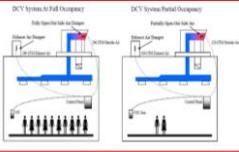
I. Key Best Practices

- 1
- Building Automation and Controls
 - Building Management System (BMS)
 - Smart Sensors
-

- 2
- Setpoint Optimization
 - Temperature Setpoints
 - Optimize temperature setpoints for different zones based on occupancy and comfort requirements
 - Night Setback
 - Implement setback strategies during unoccupied hours to reduce energy consumption

I. Key Best Practices

- 1 Demand-Controlled Ventilation
 - CO2 Sensors
 - Air Quality Monitoring



- 2 Zoning & Individual Space Controls

- Zoning Systems



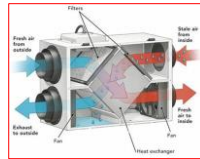
- Occupancy Sensors



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I. Key Best Practices

- 8 Energy Recovery: Energy Recovery Ventilators (ERVs) or Heat Recovery Ventilators (HRVs)



- 9 Renewable and Alternative Energy Integration:
 - Solar Technologies: Integrate solar thermal systems or PV panels to generate renewable energy for HVAC needs
 - Geothermal Systems: Consider geothermal heat pumps for efficient heating and cooling

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I. Key Best Practices

- 10 Building Envelope Improvements
 - Insulation



Source: website

- Air Sealing



Source: website

- 11 Occupant Engagement and Education
 - Occupant Training
 - Feedback Systems



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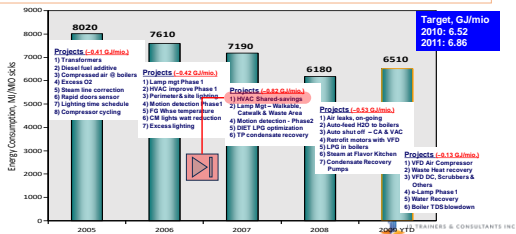
I. Key Best Practices

- 11 Performance Monitoring and Benchmarking
 - Regular Monitoring: Continuously monitor HVAC system performance using energy meters and sensors.
 - Benchmarking: Compare energy usage against industry benchmarks to identify areas for improvement.
- 12 Energy Audits
 - Regular Audits: Conduct regular energy audits to identify inefficiencies and opportunities for improvement.
 - Professional Assistance: Seek the expertise of energy professionals to perform comprehensive energy assessments.



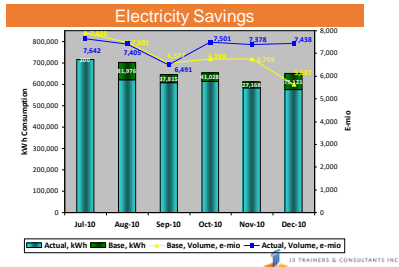
I. Key Best Practices

- 12 Energy Optimization Programs (Realized Projects – Illustrations)



I. Key Best Practices

- 12 Energy Optimization Programs (Realized Projects – Illustrations)



J. Chiller Efficiency and Performance

EER **Energy Efficiency Ratio (EER)**

- A higher EER rating means that an air conditioner will provide a lot of cooling effect for every Watt of energy you provide.

= cooling output (in BTU/h) /electricity input (W)

Example: **Capacity (RT)** 550 **Conversion:** 1RT = 12,000 BTU/h
Rated Energy (kW) 282.7

EER = cooling output (in BTU/h) /electricity input (W)
 = $[550 \text{ RT} \times (12,000 \text{ BTU/h/1RT})] / (282.7 \text{ kW} \times 1000\text{W/1kW})$
 = 23.346 BTU/h /W



J. Chiller Efficiency and Performance – Chiller IPLV / NPLV Calculation

IPLV – Integrated Part Load Value

The AHRI¹ and industry-standard way of measuring the overall average efficiency of a hydronic (chiller) cooling system

Similar concept to SEER, where part-load performance is measured and rated so that customers can have a way to do an apples-to-apples comparison of real-world operating efficiency between various brands and models

IPLV and its companion NPLV are both specified in AHRI 550/590



J. Chiller Efficiency and Performance

IPLV/NPLV Equation And Rating Conditions From ARI Standard 550/590-1998

Expression Of Chiller Efficiency **Equation**

Coefficient Of Performance-COP, W/W, or Energy Efficiency Ratio-EER, Btu/kWh $IPLV \text{ or } NPLV = 0.01A + 0.42B + 0.45C + 0.12D$

Power Per Ton, kW/ton

$$IPLV \text{ or } NPLV = \frac{1}{\frac{0.01}{A} + \frac{0.42}{B} + \frac{0.45}{C} + \frac{0.12}{D}}$$

Weighting Of Part-Load Points

Part Load Point, %	Weighting, %	
	1992 Standard	1998 Standard
100	17	1
75	39	42
50	33	45
25	11	12

A = COP or EER @100% Load (1% of the time the unit needs to run at around 100% capacity)

B = COP or EER @75% Load (42% of the time the unit needs to run at around 75% capacity)

C = COP or EER @50% Load (45% of the time the unit needs to run at around 50% capacity)

D = COP or EER @25% Load (12% of the time the unit needs to run at around 25% capacity)

<https://www.chiltrix.com/documents/IPLV-NPLV-Explained-Comparison.pdf> <https://www.trane.com/content/dam/Trane/Commercial/global/products-systems/education-training/engineers-newsletters/standards-codes/2019-01.pdf>



KNOWLEDGE REVIEW

Which component of an HVAC system is responsible for compressing the refrigerant and raising its temperature and pressure?

- a. Evaporator
- b. Condenser
- c. Compressor
- d. Expansion Valve



KNOWLEDGE REVIEW

What is the purpose of heat recovery in an HVAC system?

- a. To cool the air
- b. To reduce humidity
- c. To capture and reuse waste heat
- d. To improve air quality



KNOWLEDGE REVIEW

Which HVAC system feature allows for adjusting the flow rate of chilled water based on the actual cooling demand?

- a. Variable Speed Drives (VSD)
- b. Demand-Controlled Ventilation (DCV)
- c. Programmable Thermostats
- d. Heat Recovery Ventilation (HRV)



KNOWLEDGE REVIEW

A heating system uses water to transport heat throughout a building. The water is heated from 10°C to 60°C, and the system needs to deliver a heating capacity of 30 kW. Calculate the mass flow rate of the water. The specific heat capacity of water is approximately 4,186 J/kg·°C.



KNOWLEDGE REVIEW

An industrial process requires cooling of a fluid from 80°C to 30°C. The process operates continuously with a fluid mass flow rate of 0.5 kg/s. The specific heat capacity of the fluid is 3,800 J/kg·°C. Calculate the cooling load required by this process.